

Rochester Pediatric Psychotherapy Resources

Organization	Specialized Services	Website	Address	Phone Number
ABC Child and Family Therapy	<ul style="list-style-type: none"> • Play therapy and theraplay • Attachment Trauma 	https://abcchildandfamilytherapycenter.com/	1811 Greenview Pl SW #103	(507) 536-7662
AMAR Wellness Services, LLC	<ul style="list-style-type: none"> • Child Parent Psychotherapy (CPP) • Play therapy • Attachment • Neuro feedback • Biofeedback 	http://www.amarwellness.com/	2215 Second St. SW #200	(507) 218-2424
Birchlawn Place Counseling Center, LLC	<ul style="list-style-type: none"> • Play therapy; theraplay • DC 0-5 Assess/Tx • Parenting Assessments & Coaching • TF-CBT, CBT, EFT • Occupational Therapy 	https://www.birchlawnplace.com/	3520 East River Road NE	(507) 258-3287
Bluestem Center	<ul style="list-style-type: none"> • Parent coaching • Psychological testing • Medication Management • TF-CBT 	http://www.bluestemcenter.com/	124 Elton Hills Lane NW	(507) 282-1009
Center For Effective Living	<ul style="list-style-type: none"> • Outpatient therapy • Chemical Dependency • Ages 10+ 		1027 7th St NW #1	(507) 288-5675
Christian Family Solutions	Faith based counseling	https://christianfamilysolutions.org/locations/rochester/	2720 Superior Drive NW Suite 103	(800) 438-1772
Community Health Services	<ul style="list-style-type: none"> • Offers interpreter services • EMDR 	https://chsclinics.org/locations/rochester/	1926 Collegeview Rd SE	(507) 529-0503
Compassion Counseling	<ul style="list-style-type: none"> • Free individual & family therapy for those age 14 and older with non-licensed (lay) counselors 	http://www.compassioncounseling.org/index.php		(507) 208-8822

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	<ul style="list-style-type: none"> • Appointments are available Thursdays at 7 and 8 pm. 			
Ellie Family Services	<ul style="list-style-type: none"> • Individual, Family, Couples • Ages 5+ • EMDR, DC:0-5, CBT, DBT skills 	https://elliefamilyservices.com/contact/rochester-mn/	3425 40th Ave NW, Suite 101	(651) 313-8080
EnLIVEn Psych + Health	EMDR, TF-CBT Substance abuse	https://enlivenpsych.org/	2212 2 nd St SW	(507) 258-4458
Family Services Rochester	<ul style="list-style-type: none"> • Incredible Years parenting classes • TF-CBT, PCIT, EMDR • School Linked Mental Health Services • DBT • Project Restore (DV groups and therapy) 	www.familyservicerochester.org	4600 18th Ave NW	(507) 287-2010
Fernbrook Family Center	<ul style="list-style-type: none"> • Parent Child Interaction Therapy (PCIT) • Outpatient, school linked, and In-home therapy • Skills training & behavioral aid • Specialized Birth-3 	www.fernbrook.org	2519 Commerce Dr NW Suite 210	(507) 216-8350
Fountain Centers	<ul style="list-style-type: none"> • Chemical Dependency Treatment 		4122 18 th Ave NW	(507) 252-0818
Great Lakes Psychological Services	<ul style="list-style-type: none"> • Pet assisted therapy • Medication evaluation and monitoring 	https://www.greatlakespsychservices.com/	3101 Superior Drive NW	(507) 288-8544
Healing Moments Counseling	<ul style="list-style-type: none"> • DBT/ EMDR trained • Ages 6+ • Evening hours 	https://www.healingmomentscounseling.com/	505 East Frontage Rd; Suite 107 Byron, MN 55920	(507) 405-0011
Highland Meadows Counseling Center, LLC	<ul style="list-style-type: none"> • DBT Therapy and Skills Group ages 13-18 	www.highlandmeadowsc.com	3737 40th Ave NW	(507) 288-6978

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	<ul style="list-style-type: none"> • EMDR/TF-CBT • Ages 11+ 			
Inspired Wellness Psychological Services	<ul style="list-style-type: none"> • Dr. Lindsey Lilly • ADHD/ Learning testing • Psychosexual evaluations 	https://www.inspiredwellnessps.com/	2477 Clare Lane NE, Suite 300	(507) 302-3418
Inspired Success Psychological Services	<ul style="list-style-type: none"> • Dr. Leah Morken • Testing for: ASD; Learning Concerns, Personality • Child Parent Psychotherapy (CPP) • Parent Child Interaction Therapy (PCIT) 	https://www.inspiredsuccessps.com/	2477 Clare Ln NE Ste 300	(507) 722-0009
Mercy's Place Counseling Services, LLC	<ul style="list-style-type: none"> • Individual and family therapy • Faith based Christian Counseling • Transitioning/College students 	www.mercysplace.com	3228 6 th Ave NE Suite B	(507) 226-7963
Nystroms and Associates, LTD	<ul style="list-style-type: none"> • Play Therapy • Family Therapy • DBT 	https://www.nystromcounseling.com/our-locations/minnesota/rochester-clinic/	401 16 th St. SE, Suite 100 3535 40th Ave NW, Suite 210	(507) 516-0030 (507) 516-0227
Onward Counseling	<ul style="list-style-type: none"> • Mediation • TF-CBT • Diagnostic Assessments • ASD and transgender experience 	https://www.onwardcounselingrochester.com/	300 First Ave NW Suite 210	(507) 273-2034
Pathways Psychological Services	<ul style="list-style-type: none"> • Psychological assessment and testing • Faith based • Ages 13+ 	https://pathwayspsych.com/	1700 N Broadway Suite 101A	(763) 525-8590
Peaks of Hope Counseling, LLP	<ul style="list-style-type: none"> • TF-CBT, EMDR • Animal (dog) assisted therapy 	https://www.peaksofhope.com/	1652 Greenview Drive SW	(507) 722-0198

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Perspectives	<ul style="list-style-type: none"> • Play Therapy • Couples/Family Therapy 	http://www.perspectivemn.com/	300 3rd Avenue SE, Suite 402	(507) 322-6755
Prairie Care Medical Group	<ul style="list-style-type: none"> • Intensive Outpatient Program • Individual therapy • Free needs assessment • Psychiatry 	https://www.prairie-care.com/locations/rochester/	5255 Members Parkway NW	(507) 218-3701
Psychological Consultants	<ul style="list-style-type: none"> • Outpatient therapy for 13+ • Individual adolescent DBT • Psychological testing 	www.psychologicalconsultants1.com	1210 ½ 7th Street NW Suite 216	(507) 252-9292
Resilience Center	<ul style="list-style-type: none"> • Outpatient therapy for 6+ • Parent coaching • Play therapy 	https://www.resiliencerochester.com/	3006 Allegro Park Ln SW	(507) 540-0894
Riverstone Psychological Services	<ul style="list-style-type: none"> • Adolescent DBT program 	https://www.riverstonepsych.com/	511 Northern Hills Dr NE #2	(507) 923-7321
Transitions	<ul style="list-style-type: none"> • Psychological/Achievement Testing • Mediation • Custody Evaluation/Parenting Time Expeditor • Consultation/Divorce Coaching/Child Specialist 	www.transitionstherapies.com	975 34th Avenue NW, Suite 215	(507) 288-5818
Wellspring Family Therapy Center, LLC	<ul style="list-style-type: none"> • Individual and family therapy • Divorce/Separation/Re-marriage • Parenting Skills 		1530 Greenview Dr SW #115	(507) 884-6287 (507) 244-0222
Zumbro Valley Mental Health Center	<ul style="list-style-type: none"> • Therapy and support services • TF-CBT • Sliding fee scale available • Chemical dependency 	https://www.zvhc.org/mental-health-services/	343 Wood Lake Drive SE	(507) 289-2089

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Private Practice

Provider	Specialized Services/Populations	Website	Address	Phone Number
Betty Lacine, LPCC (Hope Counseling)	<ul style="list-style-type: none"> • Parent Child Interaction Therapy (PCIT) • Registered Play Therapy • Foster care/Adoption • Sexual abuse • Evening hours 	https://www.hopecounselingmn.com/	421 1st Ave SW Suite 300W	(507) 250-6234
Casey Larson, LICSW (Amazing You Therapy)	<ul style="list-style-type: none"> • Child Parent Psychotherapy • Specialize in Birth-5 	https://amazingyouththerapy.com/	421 1st Ave SW Suite 300W	(507) 722-1139
Charles Dawley, MA (Riverside Psychological Services, LLC)	<ul style="list-style-type: none"> • Outpatient psychotherapy • Juvenile sex offender treatment • Juvenile Psycho-Sexual evaluation. 	www.riversidepsychological.com	120 First St NE	(507) 254-2180 (507) 206-4202
Claudia Zendejas MSW, LICSW (Contigo LifePath Counseling, LLC)	<ul style="list-style-type: none"> • Bilingual Practice (Spanish/Eng) • Child-Adult • CBT, Solution-Focused, ART (Accelerated Resolution Therapy) 	http://contigolifepathcounseling.com Email: zen@contigolifepathcounseling.com	3265 19th St NW, Suite #120,	(507)-226-8077
Julie Bussman, PhD, LP	<ul style="list-style-type: none"> • Saturday appointments • Addiction, chronic pain • 16+ 	www.drjuliebussman.com	1027 7 th Street NW	(507) 884-2206
Kit Mueller, LICSW (Hope Ranch)	<ul style="list-style-type: none"> • Equine assisted psychotherapy 	www.hoperanchteam.com	9145 80th Ave SE Chatfield, MN 55923	(507) 281-3033
Mark White, MS (Rochester Marriage Counseling)	<ul style="list-style-type: none"> • Family Therapy • Evening hours • Ages 11+ 	http://rochestermarriagecounseling.com	1530 Greenview Drive SW #108A	(507) 259-8107
Megan Cunningham (Cunningham Behavioral Health)	<ul style="list-style-type: none"> • Eating disorders • OCD/PTSD • Parent coaching • Private pay 	https://www.cunninghambehavioral.com/		(507) 405-2444

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Patty Lynch, LICSW (Consultants in Psychological Health)	<ul style="list-style-type: none"> • Ages 14+ • Specializing in gender identity 		421 1 st Ave SW, Suite 200E	(507) 289-5110
Sylvia DeMott, LICSW (Breathing Space)	<ul style="list-style-type: none"> • Dialectical behavior therapy (DBT) • Ages 14+ 	https://breathingspacetherapy.com/	300 3 rd Av SE Suite 408	(507) 200-0206

*This list is not exhaustive. Please call 211 for more community resources.

*Please talk with the provider and/or your insurance company regarding coverage.