

Rochester Pediatric Psychotherapy Resources

Organization	Services	Website	Address	Phone Number
ABC Child and Family Therapy	<ul style="list-style-type: none"> • Play therapy • Individual and Family 	abcchildandfamilytherapycenter.com	1811 Greenview PI SW #103	(507) 536-7662
AMAR Wellness Services, LLC	<ul style="list-style-type: none"> • Integrative Psychotherapy • Neuro feedback • Biofeedback 	www.amarwellness.com	2215 Second St. SW #200	(507) 218-2424
Associates in Psychiatry and Psychology	<ul style="list-style-type: none"> • Individual therapy • Family therapy • Pet assisted therapy • Medication evaluation and monitoring 	www.appmn.com	3101 Superior Drive NW	(507) 288-8544
Bluestem Center	<ul style="list-style-type: none"> • Outpatient psychotherapy • Parent coaching • Psychological testing • Medication Management • TF-CBT 	www.bluestemcenter.com	124 Elton Hills Lane NW	(507) 282-1009
Center For Effective Living	<ul style="list-style-type: none"> • Outpatient therapy • Chemical Dependency • Ages 10+ 		1027 7th St NW #1	(507) 288-5675

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Community Health Services	<ul style="list-style-type: none"> • Offers interpreter services • EMDR 	https://chsiclinics.org/locations/rochester/	1926 Collegeview Rd SE	507-529-0503
Compassion Counseling	<ul style="list-style-type: none"> • Free individual & family therapy for those age 14 and older with non-licensed (lay) counselors • Appointments are available Thursdays at 7 and 8 pm. • 	http://www.compassioncounseling.org/index.php		(507) 208-8822
Eclipse Mental Health Clinic	<ul style="list-style-type: none"> • Psychiatric Assessments • Play therapy • Behavioral Management • Medication Assessment and Management • Parenting Education 	eclipsementalhealth.com	1221 3rd Ave SW # 210	(507) 282-2730
Family Services Rochester	<ul style="list-style-type: none"> • Outpatient therapy • Incredible Years parenting classes • Trauma Focused Cognitive Behavioral Therapy • Sliding fee scale available • DBT • Project Restore (DV groups and therapy) 	www.familyservicerochester.org	4600 18th Ave NW	(507) 287-2010

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Fernbrook Family Center	<ul style="list-style-type: none"> • Parent Child Interactional Therapy (PCIT) • Outpatient, school linked, and In-home therapy • Skills training (individual, family and group), • Mental Health Behavioral Aide services • TF-CBT Specialized Birth to three therapists 	www.fernbrook.org	2519 Commerce Dr NW Suite 210	(507) 216-8350
Fountain Centers	<ul style="list-style-type: none"> • Chemical Dependency Treatment 	www.fountaincenters.org	4122 18 th Avenue NW	(507) 252-0818
Highland Meadows Counseling Center, LLC	<ul style="list-style-type: none"> • Individual & Family therapy • DBT Therapy and Skills Group • Play therapy • Behavior modification/ Parent coaching • EMDR/TF-CBT 	www.highlandmeadowssc.com	3737 40th Ave NW	(507) 288-6978
Mercy's Place Counseling Services, LLC	<ul style="list-style-type: none"> • Individual and family therapy • Faith based Christian Counseling • Transitioning/College students 	www.mercysplace.com	3228 6 th Ave NE Suite B	(507) 226-7963

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Nystroms and Associates, LTD	<ul style="list-style-type: none"> • Play Therapy • Family Therapy • DBT 	https://www.nystromcounseling.com/our-locations/minnesota/rochester-clinic/	401 16 th St. SE	(507) 516-0030
Pathways Psychological Services	<ul style="list-style-type: none"> • Individual therapy • Family therapy • Psychological assessment and testing • Ages 13+ 	pathwayspsych.com	3145 Wellner Dr NE, Suite 302	(763) 525-8590
Perspectives	<ul style="list-style-type: none"> • Play Therapy • Couples/Family Therapy 	http://www.perspectivemn.com/staff/	300 3rd Avenue SE, Suite 402	(507) 322-6755
Prairie Care Medical Group	<ul style="list-style-type: none"> • Intensive Outpatient Program • Individual therapy • Free needs assessment • Psychiatry 	https://www.prairie-care.com/locations/rochester/	5255 Members Prkwy NW	(507) 218-3701
Psychological Consultants	<ul style="list-style-type: none"> • Outpatient therapy for 13+ • Individual adolescent DBT • Psychological testing 	www.psychologicalconsultants1.com	1210 ½ 7th Street NW Suite 216	(507) 252-9292
Riverstone Psychological Services	<ul style="list-style-type: none"> • Adolescent DBT program • Outpatient psychotherapy 	www.riverstonepsychologicalservices.com	511 Northern Hills Dr NE #2	(507) 923-7321
Transitions	<ul style="list-style-type: none"> • Psychological/Achievement Testing • Outpatient Therapy • Mediation • Custody Evaluation/Parenting Time Expeditor • Consultation/Divorce Coaching/Child Specialist 	www.transitionstherapies.com	975 34th Avenue NW, Suite 215	(507) 288-5818

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Wellspring Family Therapy Center, LLC	<ul style="list-style-type: none"> • Individual and family therapy • Divorce/Separation/Re-marriage • Parenting Skills 	www.wellspringmn.com	1530 Greenview Dr SW #115	(507) 884-6287 (507) 244-0222
Zumbro Valley Mental Health Center	<ul style="list-style-type: none"> • Therapy and support services • TF-CBT • Sliding fee scale available • Chemical dependency 	zumbromhc.org/programs/childrens.html	343 Wood Lake Drive SE	(507) 289-2089

Private Practice

Provider	Specialized Services/Populations	Website	Address	Phone Number
Andrea Thomas, MS, LPCC, NCC (Peaks of Hope)	<ul style="list-style-type: none"> • Family Therapy • Evening hours • Ages 12-19 	http://www.peaksofhope.com	822 South Broadway	507.884.6164
Betty Lacine, LPCC (Hope Counseling)	<ul style="list-style-type: none"> • Parent Child Interaction Therapy (PCIT) • Registered Play Therapy • Foster care/Adoption • Hoarding • Sexual abuse • Evening hours 	http://www.hopecounselingmn.com/	421 1st Ave SW Suite 300W	507-250-6234
Casey Larson, LICSW (Amazing You Therapy)	<ul style="list-style-type: none"> • Child Parent Psychotherapy • Specialize in Birth-5 	https://amazingyoutherapy.com/	421 1st Ave SW Suite 300W	507-722-1139
Charles Dawley, MA	<ul style="list-style-type: none"> • Outpatient psychotherapy • Juvenile sex offender 	www.riversidepsychological.com	120 First St NE	(507) 254-2180

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(Riverside Psychological Services, LLC)	treatment <ul style="list-style-type: none"> • Juvenile Psycho-Sexual evaluation. 			(507) 206-4202
Cindy Tri, LICSW (Connections Counseling)	<ul style="list-style-type: none"> • Registered Play Therapy • Attachment • Family Therapy • Ages 3+ 		2215 2nd St SW STE 200	507-421-9676
Gina Dilly, MS, LP	<ul style="list-style-type: none"> • Dialectical behavior therapy (DBT) • Eye Movement Desensitization Reprocessing (EMDR) • Ages 14+ 		300 1 st Av NW	507-292-1600
Jason Schweitzer, LICSW	<ul style="list-style-type: none"> • TF-CBT • Military Family Life Counselor (MFLC) • Evening hours • Ages 6-19 	http://www.counselingwithjason.com/	421 1st Av SW Suite 300W	(507) 271-0467
Jeanne L Henke, M.S., L.P., PLLC	<ul style="list-style-type: none"> • Ages 14+ 		300 3rd Ave SE, Suite 408	(507) 529-3622
Jeff Clark, MA	<ul style="list-style-type: none"> • Anger Management • Ages 13+ 		300 1 st Av NW Suite 200	507-206-6351
Julie Bussman, PhD, LP	<ul style="list-style-type: none"> • Saturday appointments • Addiction, chronic pain • 16+ 	www.drjuliebussman.com	1027 7 th Street NW	507-884-2206
Kit Mueller, LICSW (Hope Ranch)	<ul style="list-style-type: none"> • Equine assisted psychotherapy 	www.hoperanchteam.com	9145 80th Ave SE Chatfield, MN 55923	(507) 281-3033

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Mark White, MS (Rochester Marriage Counseling)	<ul style="list-style-type: none"> • Family Therapy • Evening hours • Ages 8-19 	http://rochestermarriagecounseling.com	1530 Greenview Drive SW #108A	507-259-8107
Melissa Hord, PhD, LP (Youth Behavioral Health)	<ul style="list-style-type: none"> • PCIT-parent management • Anxiety • Eating Disorders 	Youthbehavioralhealth.org	1027 7 th St. NW Suite 102	507-206-3370
Kathryn McAlister, MS	<ul style="list-style-type: none"> • DBT 		421 1st Ave SW #300w	507-280-9205
Patty Lynch, LICSW (Consultants in Psychological Health)	<ul style="list-style-type: none"> • Ages 11 and older • Substance Abuse • Transgender 		421 1 st Ave SW, Suite 200E	507-289-5110
Shelby Jenson, MA (Pathways)	<ul style="list-style-type: none"> • Trauma/ PTSD • Complex Grief • Evening and weekend hours • Ages 3-19 	http://pathwayspsych.com/about-us/meet-the-team/shelby-jensen/	3145 Wellner Dr. NE Suite 302	763-525-8590
Sylvia DeMott, LICSW (Breathing Space)	<ul style="list-style-type: none"> • Dialectical behavior therapy (DBT) • Ages 14-19 	Breathingspacetherapy.com	300 3 rd Av SE Suite 408	507-200-0206
Victoria (Viki) Volstad, LP	<ul style="list-style-type: none"> • Family Therapy • Trauma Narrative Therapy • Evening hours • Ages 3-19 		400 South Broadway Suite 16	507-252-5700